



Prevention Specialist Certification
Board of Washington

Native American - Substance Abuse Prevention Skills Training

Tuesday, April 3 – Friday, April 6, 2018

Northern Quest Resort

100 North Hayford Road, Airway Heights, WA 99001

The Prevention Specialist Certification Board (PSCBW) is pleased to host the Substance Abuse Prevention Skills Training. This training is supported by the Division of Behavioral Health and Recovery, Behavioral Health Administration, WA Department of Social and Health Services. This training is offered to tribal Strategic Prevention Framework (SPF) sub-recipients, prevention providers, and prevention coalition partners in the state.

The training includes *two components*: A self-paced online course entitled “*Introduction to Substance Abuse Prevention: Understanding the Basics*” and an in-person training. Registrants are expected to participate in both components.

INTRODUCTION TO SUBSTANCE ABUSE PREVENTION: UNDERSTANDING THE BASICS (Online):

This foundational course offers practitioners new to the field of prevention, or working in related fields, an introduction to the history of prevention, key concepts and definitions, specific drug effects, and an exciting glimpse into the effects of substance use and addiction on the brain.

Participants will learn about:

- Basic terminology and facts
- History of substance use and prevention in the U.S.
- Addiction and the brain
- Effects and health risks of alcohol, tobacco, and other drugs

(1) Prerequisite Online Course: Interested individuals must successfully complete the 5-hour on-line basic prevention training (see below) then forward the certificate of completion via email to karolina.szulkowski@googlemail.com and

(2) Register and Attend the In-Person Training: PSCBW will provide information about how to register via the online registration system, Eventbrite (www.eventbrite.com).

Registration deadline: March 26, 2018

Please direct questions about this training to Gunthild Sondhi: phone (509) 290-1933 and (509) 937-2002 or email gsondhi@theofficenet.com.

IN-PERSON SAPST TRAINING:

April Tuesday April 3 – Friday April 6, 2018

Time: 9:00 AM – 4:30 PM

This 4-day training addresses the following topics:

- Behavioral health
- Institute of Medicine's Continuum of Care
- Public health approach
- Risk and protective factors
- Developmental perspective
- Application of SAMHSA's Strategic Prevention Framework: assessment, capacity, planning, implementation, and evaluation
- Cultural competence and sustainability

(1) PREREQUISITE ONLINE BASIC PREVENTION COURSE INFORMATION:

Accessing the Online Portion of the SAPST

Important Information

There are two parts to the Substance Abuse Prevention Skills Training (SAPST): an online course, entitled *Introduction to Substance Abuse Prevention: Understanding the Basics*, followed by a 4-day face-to-face training.

ALL PARTICIPANTS ARE REQUIRED TO COMPLETE THE ONLINE COURSE BEFORE ATTENDING THE FACE-TO-FACE TRAINING.

Expect to devote approximately 5 hours to completing the online course. Depending on your schedule, you may complete the course in one session or over several sessions. However, we highly recommend that you try to log on to the online course at least five days before the start of the face-to-face training; this will give us time to resolve any technical issues you may encounter.

Log-in Instructions

Step 1: Create an account on the *CAPT Online Training* site (You will only need to do this once)

1. Go to the *CAPT Online Training* site: <http://captionline.edc.org/>.
2. Once on the training site, create an account by clicking on *Create an Account* (top-right corner of page).
3. Complete all of the required fields, indicated by an *. You will also need to create a username and password. When you are done, click *Update Profile*.

4. You will receive an email acknowledging that you have requested an account. Follow the link in the email to confirm registration. If you do not receive a confirmation email within 5 minutes, please contact **Clarissa Lam Yuen** at Clamyuen@casat.org.

*If you have already created an account (e.g., for a different CAPT course), please sign in to your previously created account.

Step 2A: Access the Online Course (First Time)

1. Go to the *CAPT Online Training* site: <http://captionline.edc.org/>
2. Click the *Login* tab (top-right corner of page)
3. Enter your username and password, then click *Login*.
4. Provide the following course-specific information:
 - In the **Course ID** box type, **126**, then click **Submit**
 - On the new page that appears, insert the following **enrollment key**: **IntroSAP-002018-WA**

Step 2B: Access the SAPST Course (Subsequent Visits)

1. Follow steps 1-3 in Step 2A
2. Click the My Courses button.
3. Click the course title to enter the course.

Technical Requirements

To take full advantage of this course offering, it is important that your computer is well-equipped and configured correctly. If you have any problems meeting the requirements below, please don't hesitate to contact **Clarissa Lam Yuen** at Clamyuen@casat.org.

Computer hardware:

- Computer: 500 megahertz (MHz) processor or higher (32- or 64-bit)
- Memory: 256 MB minimum
- Display: 800 X 600 screen resolution (1,024 x 768 or higher recommended)
- Multimedia: Sound card and headphones or speakers

Internet connection: A minimum 256+ Kbps connection (higher connection speeds are recommended).

Acceptable browsers:

- PC users running Windows can use Firefox 4 (or above), Internet Explorer 9 (or above), Safari 5 (or above), Google Chrome 11 (or above).
- Macintosh users can use Safari 5 (or above), Firefox 4 (or above), or Google Chrome 11 (or above).

Other requirements: Flash Player 16 (or above). You can download it by going to (<http://www.adobe.com/go/getflash>). Also, please don't forget to turn on your computer speakers!

Contact

If you have any questions about these technical requirements, please don't hesitate to contact Clarissa Lam Yuen at Clamyuen@casat.org. **Please indicate in the subject line your state and the course you are taking.**

Availability of Continuing Education Hours

Participants will receive two certificates for training hours – one for 5 hours (upon completion of the online course), and one for 26 hours (upon completion of the in-person training). These certificates can be submitted to your respective credentialing authority responsible for providing certification or approving continuing education credit.

To receive your certificate, you must complete the assessment at the end of the course and receive a passing grade (get at least 80% of the questions correct).

LODGING:

The Northern Quest Resort set aside 12 rooms at a reduced rate of \$129.00/night plus taxes and a \$2.00 room fee. These special room rates are reserved until Saturday, March 3, 2018. Reservations can be made by calling the Resorts Reservation Department: 1-877-871-6772.